

Childhelp Speak Up Be Safe Fact Sheet

Childhelp Speak Up Be Safe is a primary prevention curriculum aimed at stopping and preventing child abuse and neglect. The content and delivery of the Pre-K through 12th grade curricula are based on several areas of research including child development, learning styles, social psychology, and child abuse and neglect prevention.

What it is:

- Primary prevention curriculum for Pre-K through 12th grade
- Teaches children how to identify unsafe situations, how to identify and talk to safe adults, and five key safety rules children can follow to help adults keep them safe
- Ecological approach - materials and resources for children, teachers, facilitators, parents, school administrators, and community members to help build a safety network to protect all children from abuse and neglect
- Comprehensive - teaches students how to identify and build skills to resist all types of child abuse, including physical, emotional, and sexual abuse, as well as neglect, bullying, and cyberbullying

How it works:

- Two lessons per grade level, 30-45 minutes each, delivered by teachers/school personnel that have completed the facilitator training
- Children and teens participate in interactive, engaging lessons that are age appropriate and developmentally appropriate, including resistance skill building
- Lessons are reinforced with handouts, take home items, and activities to be done with peers or parents/caregivers
- Parents receive consent forms before each lesson and handouts after each lesson with a review of what children have learned and tips on how to talk to their children about personal safety and abuse
- Facilitators can access the online training and curriculum at any time

How to bring into your school or organization:

- Preview of curriculum and supporting materials is available through the Childhelp Speak Up Be Safe website at www.childhelp.org/speakupbesafe
- School, school district, or organization should contact speakupsupport@childhelp.org to place an order
- Designated facilitators complete the online, on-demand facilitator training modules
- Take-home materials are shipped, and facilitators access lesson content, presentations, supporting materials, and activities on the web-based online platform

For more information visit www.childhelp.org/speakupbesafe, or contact speakupsupport@childhelp.org.