

# Fact Sheet



## CHILDHELP SPEAK UP BE SAFE

- evidence-based primary prevention curriculum aimed at stopping and preventing child abuse
- developmentally appropriate curriculum Pre-K through 12th grade
- based on research: child development, learning styles, social psychology, and child abuse and neglect prevention

## HOW IT WORKS

- two interactive and engaging lessons per grade level
- 30 - 45 minutes for each lesson
- comprehensive self-paced facilitator training, with completion certificate
- reinforcement activities for every grade
- consent forms and lesson review for parents/caregivers

## TEACHES CHILDREN

- how to identify unsafe situations
- how to identify safe adults
- how to talk to safe adults
- 5 key safety rules (age appropriate)

## CURRICULUM BIG IDEAS

Every lesson (across all grade levels) reinforce same primary ideas through age-appropriate instruction and interaction.

- Safety is important.
- You deserve to be safe!
- Child safety is an adult's responsibility.
  - In high school curriculum, this evolves to an adult-adolescent shared responsibility.
- There are safe adults.
- You need to know safety rules.
- RESIST strategies can help.

## NEXT STEPS

- Visit our website at [www.speakupbesafe.org](http://www.speakupbesafe.org).
- Preview our curriculum and supporting materials.
- Learn more about our program.
- Call (800) 790-2445 or email [speakupsupport@childhelp.org](mailto:speakupsupport@childhelp.org).

The Childhelp Speak Up Be Safe program has been rated as having Promising Research Evidence by the California Evidence-Based Clearinghouse for Child Welfare (CEBC) and is listed in its Program Registry.

