Fact Sheet

CHILDHELP SPEAK UP BE SAFE

• evidence-based primary prevention curriculum aimed at stopping and preventing child abuse
• developmentally appropriate curriculum Pre-K through 12th grade
• based on research: child development, learning styles, social psychology, and child abuse and neglect prevention

HOW IT WORKS

• two interactive and engaging lessons per grade level
• 30 - 45 minutes for each lesson
• comprehensive self-paced facilitator training, with completion certificate
• reinforcement activities for every grade
• consent forms and lesson review for parents/caregivers

TEACHES CHILDREN

• how to identify unsafe situations
• how to identify safe adults
• how to talk to safe adults
• 5 key safety rules (age appropriate)

CURRICULUM BIG IDEAS

Every lesson (across all grade levels) reinforce same primary ideas through age-appropriate instruction and interaction.

• Safety is important.
• You deserve to be safe!
• Child safety is an adult’s responsibility.
  - In high school curriculum, this evolves to an adult-adolescent shared responsibility.
• There are safe adults.
• You need to know safety rules.
• RESIST strategies can help.

NEXT STEPS

• Visit our website at www.speakupbesafe.org.
• Preview our curriculum and supporting materials.
• Learn more about our program.
• Call (800) 790-2445 or email speakupsupport@childhelp.org.

The Childhelp Speak Up Be Safe program has been rated as having Promising Research Evidence by the California Evidence-Based Clearinghouse for Child Welfare (CEBC) and is listed in its Program Registry.