

Fact Sheet



CHILDHELP SPEAK UP BE SAFE

- evidence-based primary prevention curriculum aimed at stopping and preventing child abuse
- developmentally appropriate curriculum Pre-K through 12th grade
- based on research: child development, learning styles, social psychology, and child abuse and neglect prevention

HOW IT WORKS

- two interactive and engaging lessons per grade level
- 30 - 45 minutes for each lesson
- comprehensive self-paced facilitator training, with completion certificate
- reinforcement activities for every grade
- consent forms and lesson review for parents/caregivers

TEACHES CHILDREN

- how to identify unsafe situations
- how to identify safe adults
- how to talk to safe adults
- 5 key safety rules (age appropriate)

CURRICULUM BIG IDEAS

Every lesson (across all grade levels) reinforce same primary ideas through age-appropriate instruction and interaction.

- Safety is important.
- You deserve to be safe!
- Child safety is an adult's responsibility.
 - In high school curriculum, this evolves to an adult-adolescent shared responsibility.
- There are safe adults.
- You need to know safety rules.
- RESIST strategies can help.

NEXT STEPS

- Visit our website at www.speakupbesafe.org.
- Preview our curriculum and supporting materials.
- Learn more about our program.
- Call (800) 790-2445 or email speakupsupport@childhelp.org.

The Childhelp Speak Up Be Safe program has been rated as being Supported by Research Evidence by the California Evidence-Based Clearinghouse for Child Welfare (CEBC) and is listed in its Program Registry.

